

# JAKE WISKERCHEN

MARRIAGE AND FAMILY THERAPIST, NATIONAL CERTIFIED COUNSELOR

---

## EDUCATION

- **Master of Arts** – University of Nevada, Reno Dec. 2011
  - Counseling and Educational Psychology, Marriage and Family Therapy
- **Master of Arts** – University of Nevada, Reno May 2008
  - Educational Leadership, Higher Education Administration
- **Bachelor of Arts** – University of Nevada, Reno Dec. 2001
  - Journalism/Public Relations; Minor: Business Administration

## PROFESSIONAL EXPERIENCE

- **Owner & CEO** Mar. 2015 - present  
Zephyr Wellness; Reno, Sparks, and Lovelock, Nevada
- **Field Supervisor for Practicum Studies** Dec. 2015 - present  
Capella University, Northcentral University, George Fox University, Antioch University New England, Northwestern University, Liberty University, and University of Nevada
- **Clinical Director** Aug. 2016 - present  
VanNess Group Homes and Minkaboo, LLC
- **Board Approved Clinical Supervisor** Apr. 2017 - present  
State of Nevada Board of Examiners for MFTs and CPCs
- **President and Voting Member** Aug. 2016 – Jun. 2019  
State of Nevada Board of Examiners for MFTs and CPCs  
- Secretary-Treasurer, 2016-17
- **Private Practitioner/Independent Contractor** Apr. 2012 – Jul. 2015  
Sage Health Services, Clover Community Counseling, Washoe County Social Services
- **Therapist** Jun. 2012 – Apr. 2014  
Willow Springs Center; Reno, NV
- **Substance Abuse Counselor** Feb. 2011 – Mar. 2012  
Bristlecone Family Resources; Reno, NV
- **Marriage and Family Therapy Practicum Intern** Jan. 2011 – Aug. 2011  
Children’s Cabinet; Reno, NV
- **Substitute Teacher & Special Education Aide** Dec. 2008 – Feb. 2011  
Washoe County and Lyon County School Districts; Northern Nevada
- **Psychosocial Rehabilitation Worker and Trainer** Jan. 2009 – Aug. 2010  
Alliance Family Services; Reno, NV

## COMMUNITY SERVICE/VOLUNTEER WORK

- **Sparks National Little League** Jan. 2024 - present  
Vice President
- **Behavioral Health Association of Nevada** Jan. 2023 - present  
Advisory Board; Member
- **Sierra Nevada Teen Ranch** Aug. 2021 - present  
Clinical Advisor, Board Member

# JAKE WISKERCHEN

MARRIAGE AND FAMILY THERAPIST, NATIONAL CERTIFIED COUNSELOR

---

- **Walk the Talk America** Sep. 2019 - present  
Board Member/Trustee
- **Pinecrest Academy of Northern Nevada** Jun. 2021 - Mar. 2024  
Foundation Board; Chair
- **Centennial Little League** Dec. 2022 - Dec. 2023  
Vice President, President
- **Pinecrest Academy of Northern Nevada** May 2019 - Jun. 2023  
Board of Directors; Chair, Treasurer
- **INSPIR3** Jun. 2019 - Dec. 2023  
Clinical Board Member
- **Nevada Coalition for Suicide Prevention** Jul. 2015 - Jun. 2021  
Member
- **Northern Nevada Behavioral Health Coalition** May 2016 - Jul. 2021  
Executive Team Member
- **Truckee Meadows & Las Vegas Veterans Suicide Prevention Team** Mar. 2020 - Jul. 2021  
Member, Mayor's & Governor's Challenge Teams
- **Hillside Foursquare Church** Jan. 2016 - Jan. 2020  
Church Council Member
- **Alumni & Volunteer Corp., Sigma Phi Epsilon Fraternity** 2004-10 & 2014-19  
Board Member & Volunteer
- **Tutus and Top Hats Against Domestic Violence** Oct. 2015 - Oct. 2018  
Volunteer
- **Health and Wellness Hub of Lyon and Storey Counties** Apr. 2014 - Aug 2018  
Core Management Team Member
- **Behavioral Health Task Force, Lyon and Storey Counties** Jul. 2017 - Aug 2018  
Volunteer Member
- **Washoe County School District Student Attendance Review Board** Aug. 2016 - Jun. 2018  
Volunteer Community Member

## PRESENTATIONS/SEMINARS/PUBLICATIONS

- **Washoe Co., Pershing Co., and Charter Schools** Aug. 2016 - present  
Staff and Parent training
- **Noggin Notes App & Podcast** Apr. 2017 - present  
Show Host/Content Creator
- **Reno Dads** Mar. 2017 - present  
Columnist
- **Walk the Talk America** Jul. 2019 - present  
Training - *At the Intersection of Guns and Mental Health*
- **Guns and Mental Health Podcast** Aug. 2020 - present  
Show Host/Content Creator
- **Integrating Firearm Injury Prevention into Health Care** 2022  
National Academies of Sciences, Engineering, and Medicine

# JAKE WISKERCHEN

MARRIAGE AND FAMILY THERAPIST, NATIONAL CERTIFIED COUNSELOR

---

- **Nevada Peace Officer Standards and Training (POST) Academy** Nov. 2017 - Nov. 2021  
Instructor - *Crisis Intervention Training; mental health overview, scenario-based training, evaluations*
- **SMVF-TA Suicide Prevention** Jul. 2020 - Jul. 2021  
Nevada Governor's and Truckee Meadows Mayor's Challenge Teams
- **Head Start & Early Head Start** Aug. 2015 - Aug. 2021  
Staff and parent training
- **University of Nevada School of Medicine** Feb. 2021  
Trainings - *Yield Theory for Physicians and Guns and Mental Health*
- **Jobs for America's Graduates (JAG) Program** May 2017 - May 2020  
Guest Teacher - psychology, counseling, and emotional management
- **Nevada Bar Association & Nevada Civil Attorneys Conference** 2017 - 2020  
Presentation - *How Emotional (non)Functioning Can Impair Practice: A Mental Health Primer*
- **Nevada Coalition for Suicide Prevention - State Conference** Oct. 2019  
Presentation - *At the Intersection of Guns and Mental Health*
- **Senate Bill 37 - Nevada Revised Statutes Chapter 641A** Jun. 2019  
Author
- **Pershing County Mental Health Summit** Jan. 2019  
Closing Keynote Speaker
- **Regulation R051-19, Nevada Administrative Code Chapter 641A** Oct. 2017 - Aug. 2018  
*Author (adopted 2.26.2020)*
- **Truckee Meadows Healthy Communities** Dec. 2018  
Presentation - *Progress and Evolution: What's Possible for Mental Health in Nevada*
- **Northern Nevada Mentorship and Professional Development Day** Nov. 2018  
Presentation - *Legal and Ethical Updates to NRS and NAC*
- **Mendive Middle School Parent Night** Sept. 2018  
Presentation - *The Dangers (and Benefits) of Technology*
- **Regulation R094-18, Nevada Administrative Code Chapter 641A** Oct. 2017 - Aug. 2018  
*Author (adopted 8.30.2018)*
- **Nevada Coalition to End Domestic and Sexual Violence - State Conference** Sept. 2017  
Presentation - *After the Offense: Compassionate and Effective Rehabilitation for DV Offenders*
- **CASAT Program, University of Nevada, Reno** Apr. 2017  
Presentation - *Owning Your Manhood by Owning Your Emotions*
- **Nevada School Counseling Association Conference** Jan. 2017  
Presentation - *Improving Access to Mental Health in K-12 Settings*
- **Show Host** Aug. 2015 – Dec. 2016  
Mental Matters Radio Show
- **Professional Continuing Education** Various & ongoing  
Varied topics
- **Articles on psychology, counseling, emotions, and business** Various & ongoing  
Available upon request